



INFINITE BOUNDS ALL-STAR CHEER

At Infinite Bounds, we are dedicated to giving each cheerleader the ultimate cheerleading experience. Our staff is 100% committed to the proper progression and development of your athlete. We expect our cheerleaders to uphold the highest standards in the gym and in our community. It is our desire to instill a sense of discipline, while also provide a fun, loving atmosphere for each cheerleader. Being a part of the IB cheer team is a great way for cheerleaders to learn new skills and refine those they already have, while also learn the importance of teamwork/value of commitment, how to set and achieve goals, and how to exhibit sportsmanship. IB Cheer teaches kids to be exceptional athletes, but even more importantly, IB Cheer teaches kids to be exceptional people. It is our genuine desire for all cheerleaders to create lifelong memories and friendships.

Joining IB Cheer is a commitment from September 2018 through the beginning of May 2019. After our last competition, we will have evaluations for placement for the following season. A summer training program will be implemented for June, July, and August.

TEAM REQUIREMENTS; all cheerleaders are expected to

- Put forth 100% effort at ALL practices.
- Maintain a healthy diet and take care of their bodies (water, rest, nutritional foods, stretching, etc).
- Be on time for all practices.
- Respect the coaching staff and teammates at all times.
- Wear appropriate practice wear to ALL practices (midribs must be covered).
- Wear hair in a high ponytail during practices.
- Keep cell phones silenced and stored in bags during practices.
- Refrain from all drugs/alcohol--failure to abide by this rule will warrant immediate dismissal.
- Refrain from chewing gum or wearing jewelry at practice.
- Refrain from abusive behavior; lying, stealing or any other negative form of behavior is grounds for dismissal.
- Never post inappropriate pictures/videos, language or unsportsmanlike behavior (i.e. all social media).
- Make payments on time (tuition, uniform fees, competition fees).
- Adhere to all additional rules and guidelines given by the coaches.

ATTENDANCE POLICY and COMMITMENT

In order for our teams to be successful and safe, members must be **committed to attending all practices**. All team practices are MANDATORY. In order to put a routine together, it's important that all cheerleaders are present at all practices.

You'll notice that we have coded some of the Saturday practices as "open gyms." If you are wanting to take a weekend family vacation, these are the best dates to do so since we have scheduled in flexible "open gym"

time for cheerleaders to work on individual skills, get extra help, etc. Missing practice on one of these days won't "hurt" the team, so please use these dates if you are needing to head out of town/miss practice.

ABSENCE NOTIFICATION

- If an athlete must miss a practice for any reason, a PARENT must notify head coach with date and reason. If multiple absences occur, your position on the team will be reevaluated.
- In the event of an injury, athletes are still expected to attend practices in order to maintain team membership.
- Athletes who arrive late or must leave practice early must notify their head coach in advance.

HOW IS IB CHEER DIFFERENT FROM OTHER GYMS?

Unlike some of the larger cheer gyms in the area, we take pride in the fact that we can get to know each athlete and develop one on one relationships with everyone. We value our athletes and respect everyone's family time; we have developed a schedule that is less demanding than what many area gyms offer. Infinite Bounds also offers all IB Cheer members the option of taking additional tumbling classes for only \$40 month, which is about ½ off the normal rate! Call the front desk to schedule!

COSTS

Monthly Tuition	\$225 (tuition must be paid in full and on time each month)
<i>Optional</i> Weekly Tumbling Classes	\$40/month (call to schedule if you're interested)
Annual Membership Fee	\$50 (due at first practice)
USASF Fee	\$30 (due by December 1)
Uniform/Practicewear	\$300 (money is due at the fitting on October 13)
Competition Fees	\$291 (\$141 due Dec. 8 and \$150 due Jan. 23))

USASF

[CLICK HERE TO REGISTER/PAY THE FEE](#) (Must be completed by December 1, 2018)

All parents must create an account using the link above, upload the athlete's birth certificate and current photo, and pay the \$30 annual membership fee. If you participated in All Star cheer and/or dance in the past and already have a USASF account, you do not need to create a new one but you still must pay the \$30.

PRACTICES

Monday Nights 5:30-7:30 pm (6-7:30 for August practices; 5:30 start time begins in September)

Saturday Mornings 9:00-11:00 am

*These times may be adjusted slightly after team placements are made, but all practices, regardless of the team placement, will be Monday evenings and Saturday mornings.

COMPETITIONS (MONEY DUE DATES: December 8 is \$141; January 23 is \$150)

February 10 Fun Cheer in Denton \$50 (due Dec. 8)

March 2 Spirit Celebration Spring Fling \$91 in Garland (due Dec. 8)

April 28 Fun Cheer Nationals \$100 (due Jan. 23) **OR** May 4 Cheer Power Six Flags \$50 (due Jan. 23)

Competitions are full day events. Please don't schedule anything else on these days since we won't know our performance times till the week before the event. Parents are responsible for transportation to and from the events. We will send out detailed schedules one week prior. These will be fun-filled days! :)

REQUIRED PAPERWORK

When you attend your first free practice, you'll need to :

- Pay the \$50 gym membership fee (which provides access to all tumbling classes, open gyms, competitive cheer team, etc for one year)
- Hand in your completed [REGISTRATION FORM](http://infinitebounds.com/wp-content/uploads/2017/02/General-Registration.pdf)
<http://infinitebounds.com/wp-content/uploads/2017/02/General-Registration.pdf>
- Hand in your completed [WAIVER/RELEASE FORM](https://docs.google.com/document/d/1z9RrSIotjYqKFIR_KqswTztbZQoMZvdPw8Ggcey4sRk/edit) (if you didn't attend the clinic)
https://docs.google.com/document/d/1z9RrSIotjYqKFIR_KqswTztbZQoMZvdPw8Ggcey4sRk/edit

COACHES

Shelli Wandersee 972-689-6347 coachwandersee@infinitebounds.co (co is not a typo)
Sarah Saxton 337-380-7748

IB CHEER SCHEDULE (THIS WILL BE KEPT UPDATED SO CHECK BACK OFTEN)

PLEASE NOTE ALL MONEY DUE DATES

Saturday, July 28	FREE CLINIC	1:30-3:00 pm
Monday, August 6	Free Practice	6:00 pm-7:30 pm (partner blank to blank)
Saturday, August 11	Free Practice	9:00 am-11:00 am (Oreo face teambuilding)
Monday, August 13	Free Practice	6:00 pm-7:30 pm
Saturday, August 18	Free Practice	Practice 9:00-11:00 am & Parent Meeting at 11:00
Monday, August 20	Free Practice	6:00 pm-7:30 pm
Saturday, August 25	Free Practice	9:00 am-11:00 am
Monday, August 27	Free Practice (Newly Added)	6:00-7:30 pm
Saturday, September 1	NO PRACTICE	Enjoy your Labor Day weekend!
Monday, September 3	NO PRACTICE	Enjoy your Labor Day weekend!
Saturday, September 8	Practice	9:00 am-11:00 am
Monday, September 10	Practice	5:30 pm-7:30 pm

Saturday, September 15	Practice	9:00 am-11:00 am
Monday, September 17	Practice	5:30 pm-7:30 pm
Saturday, September 22	Practice	9:00 am-11:00 am (WEAR CRAZY SOCKS!)
Monday, September 24	Practice	5:30 pm-7:30 pm
Saturday, September 29	Practice	9:00 am-11:00 am (teambuilding activity 11-12)
Monday, October 1	Practice	5:30 pm-7:30 pm
Saturday, October 6	Practice	9:00 am-11:00 am (CRAZY HAIR DAY!!)
Monday, October 8	Practice	5:30 pm-7:30 pm
Saturday, October 13	UNIFORM FITTINGS MONEY IS DUE TODAY (\$300)	9:00 am-11:00 am
Monday, October 15	Practice	5:30 pm-7:30 pm
Saturday, October 20	Practice	9:00 am-11:00 am
Monday, October 22	Practice	5:30 pm-7:30 pm
Saturday, October 27	Practice	9:00 am-11:00 am (teambuilding activity 11-12)
Monday, October 29	Practice	5:30 pm-7:30 pm (wear Halloween attire/costumes!)
Saturday, November 3	Practice	9:00 am-11:00 am
Monday, November 5	Practice	5:30 pm-7:30 pm
Saturday, November 10	Practice	9:00 am-11:00 am
Monday, November 12	Practice	5:30 pm-7:30 pm
Saturday, November 17	Practice	9:00 am-11:00 am; Thanksgiving Team Potluck 11:00-12:00
Monday, November 19	Practice	5:30 pm-7:30 pm
Saturday, November 24	NO PRACTICE	Enjoy your Thanksgiving Break
Monday, November 26	Practice	5:30 pm-7:30 pm
Saturday, December 1	Practice <u>(USASF fees/registration must be completed online)</u>	9:00 am-11:00 am
Monday, December 3	Practice	5:30 pm-7:30 pm
Saturday, December 8	Practice (comp \$ due: \$141)	9:00 am-11:00 am (teambuilding activity 11-12)
Monday, December 10	Practice	5:30 pm-7:30 pm
Saturday, December 15	HOLIDAY SHOW OFF	9:00 am-11:00 am (show off starts at 11)
Monday, December 17	Practice	5:30 pm-7:30 pm

Saturday, December 22	Practice	9:00 am-11:00 am
Monday, December 24	NO PRACTICE	Enjoy your Holiday Break
Saturday, December 29	NO PRACTICE	Enjoy your Holiday Break
Monday, December 31	NO PRACTICE	Enjoy Your Holiday Break
Saturday, January 5	Practice	9:00 am-12:00 am (EXTENDED PRACTICE)
Monday, January 7	Practice	5:30 pm-7:30 pm
Saturday, January 12	Practice	9:00 am-11:00 am
Monday, January 14	Practice	5:30 pm-7:30 pm
Saturday, January 19	Practice	9:00 am-12:00 am (EXTENDED PRACTICE)
Monday, January 21	Practice	5:30 pm-7:30 pm
Saturday, January 26	Practice (comp \$ due: \$100 OR \$50 depending on our choice)	9:00 am-12:00 am (EXTENDED PRACTICE)
Monday, January 28	Practice	5:30 pm-7:30 pm
Saturday, February 2	Practice	9:00 am-12:00 am (EXTENDED PRACTICE)
Monday, February 4	Practice	5:30 pm-7:30 pm
Saturday, February 9	Practice and SHOW OFF---WEAR UNIFORM	12:00 am-12:00 am (EXTENDED PRACTICE) Show off at 12:00 for parents
Sunday, February 10	COMPETITION DAY	Denton; Fun Cheer *TIMES TBD University of North Texas Spectator Fees are \$15/person Parking is \$5.00
Monday, February 11	No Practice----REST!	YOU DESERVE A BREAK :)
Saturday, February 16	Practice	9:00 am-11:00 am
Monday, February 18	Practice	5:30 pm-7:30 pm
Saturday, February 23	Practice	9:00 am-11:00 am (teambuilding activity 11-12)
Monday, February 25	Practice	5:30 pm-7:30 pm
Saturday, March 2	Practice	9:00 am-11:00 am
Monday, March 4	Practice	5:30 pm-7:30 pm
Saturday, March 9	Practice	9:00 am-11:00 am
Monday, March 11	NO PRACTICE	Enjoy your Spring Break!
Saturday, March 16	Practice	9:00 am-12:00 am (EXTENDED PRACTICE)
Monday, March 18	SHOW OFF---WEAR UNIFORM	Practice 5:30-7:30 pm; SHOW OFF at 7:30 pm

Saturday, March 23	COMPETITION DAY Curtis Culwell Event Center	Garland; Spirit Celebration
Monday, March 25	Practice	5:30 pm-7:30 pm
Saturday, March 30	Practice	9:00 am-11:00 am
Monday, April 1	Practice	5:30 pm-7:30 pm
Saturday, April 6	Practice	9:00 am-11:00 am
Monday, April 8	Practice	5:30 pm-7:30 pm (teambuilding activity 11-12)
Saturday, April 13	Practice	9:00 am-11:00 am
Monday, April 15	Practice	5:30 pm-7:30 pm
Saturday, April 20	Practice	9:00 am-11:00 am
Monday, April 22	Practice	5:30 pm-7:30 pm
Saturday, April 27	SHOW OFF---WEAR UNIFORM	Practice 9:00-11:00; SHOW OFF at 11:00 am
Sunday, April 28	COMPETITION DAY	Fun Cheer Nationals; Denton
Monday, April 29	Practice	5:30 pm-7:30 pm
Saturday, May 4	COMPETITION DAY	Cheer Power-Six Flags
Monday, May 6	NO PRACTICE	
Saturday, May 11	END OF YEAR PARTY!!!	

Summer training schedules will be released in May.

MEET YOUR COACHES:



COACH WANDERSEE

Shelli Wandersee, born and raised in Illinois (just outside Chicago) and 4-year cheerleader/graduate of University of Wisconsin-LaCrosse, moved to Texas 13 years ago to begin her teaching career. She has been married to her husband, Matt, since 2007 and now is a mother of two children (Kaylee; 6 and Jimmy; 5).

Her love for cheer began in 6th grade and continued throughout middle school, high school (captain for 3 years), and college where she cheered all four years (captain for 2 years). During her senior year of high school, Coach Wandersee and her team won Nationals at the American Grand National Championship. She also ran on her high school Varsity track team all four years, breaking two school records for the 4X100 and 4X200 relays.

Coach Wandersee has had over 15 years of coaching experience (middle school, high school, co-ed high school, and competitive cheer teams) and also worked as a head UCA camp instructor for 8 years, traveling all over the country teaching camps, choreography, and tumbling classes; in 2004 she served as a judge for the European National Championships. She worked as a competition judge for UCA as well as Spirit Event Coordinators for 7 years.

Shelli taught and coached at Ted Polk Middle School and Newman Smith High School in Carrollton/Farmers Branch for 5 years, and for the past 8 years has been a 7th and 8th grade teacher and cheer coach at Cockrill Middle School in McKinney. Her love for working with students is evident in all that she does, whether it's in the classroom or on the mat.



COACH JAZMYN

Although originally from Minnesota, Coach Jazmyn grew up in Arizona, where she competed for Arizona Dynamics Level 2 for three years. When she moved to Texas, Coach Jazmyn danced all four years on her Varsity drill teams at Jasper High School and Plano West Senior High. She is working on her Nursing degree at Collin College and will be working with our cheer team this year.

COACH KENZIE

Coach Kenzie graduated from Allen High School and was on a competitive all star team at Envy. She has a ton of experience with tumbling and stunting and competed at many competitions around this area. Coach Kenzie will also be teaching power tumbling classes at IB. I'm thrilled to have her join our coaching team!